

THURSDAY 1/21/21

SALMON CONGEE WITH SOFT BOILED EGGS AND PICKLED VEGETABLES

Mirin Roasted Salmon, Green Onions, Cilantro, and Ginger **GF, NUT FREE**

FOR THE VEGANS AND VEGETARIANS

CONGEE WITH SEITAN AND PICKLED VEGETABLES

Green Onions, Cilantro, and Ginger VEGAN, GF, DAIRY FREE, NUT FREE

STIR-FRIED VEGETABLES

Carrots, Sweet Peppers, Mushrooms, Baby Bok Choy, Ginger, Tamari, Sesame **VEGAN, GF, DAIRY FREE, NUT FREE**

GARDEN SALAD WITH MISO GINGER DRESSING

Mixed Greens, Carrots, Cucumber, Tomatoes, and Fried Onions **VEGAN, GF, DAIRY FREE, NUT FREE**

PINEAPPLE COOKIES

VEGETARIAN, NUT FREE