

WEDNESDAY 5/19/21

SCAMPI STYLE PRAWNS WITH ASPARAGUS AND TOMATOES

Prawns, White Wine, Butter, Garlic, Lemon, and Parsley **GF, NUT FREE, SOY FREE**

FOR THE VEGANS AND VEGETARIANS GREEN LENTILS AND WHITE BEANS WITH SUMMER SQUASH Arugula Puree with Chopped Walnuts VEGAN, GF, DAIRY FREE, SOY FREE

PANCETTA AND PEA RISOTTO

Creamy Pea Risotto with lots of fresh Herbs and Parmesan Cheese **GF**, **NUT FREE**, **SOY FREE**

HONEY-ROASTED CARROTS AND CAULIFLOWER

Cumin and Aleppo Pepper VEGAN, GF, DAIRY FREE, NUT FREE, SOY FREE

BABY ARUGULA AND STRAWBERRY SALAD WITH ALMONDS AND GOAT CHEESE

Blackberry-Balsamic Dressing **VEGETARIAN**, **GF**, **SOY FREE**

CARROT CAKE COOKIES VEGETARIAN, NUT FREE